



VIDMOAT LEARNING

Vidmoat Editing Workbook

Briefs exercises and project reviews



Beginner level / Web and phone / September 2026

Practice, reflect and keep a record of your decisions.

A complete text course with original practice resources, interactive screenshot demonstrations and ten AI-narrated video companions at course.vidmoat.com.

Table of contents

How to use this workbook	3
My video brief	4
Source and shot log	5
Reference direction	6
Revision log	7
Caption and sound pass	8
Character continuity	9
Troubleshooting note	10
Export and delivery checklist	11
My next three videos	12
Lesson practice record	13
Capstone review sheet	18

How to use this workbook

Write here as you work through the course. These pages are designed for printing or annotating in your PDF reader; they are not PDF form fields. The browser course also provides a notes box for every lesson and a download of your local progress and notes.

Use the main handbook for complete instructions and answer explanations. A checked box records your progress; it is not a verified certificate. Keep exported videos and private sources in your own project folder.

Learning plan

Module	Focus	Done
1	Start with a video you can finish	
2	Give the AI useful direction	
3	Build a story with cuts	
4	Make words easy to watch	
5	Shape the sound	
6	Polish the picture with purpose	
7	Generate media when it helps	
8	Adapt the workflow to your niche	
9	Export and recover confidently	
10	Finish a portfolio project and keep improving	

My video brief

Who is the viewer?

What single question does this video answer?

What should the viewer understand or do afterwards?

Target length and aspect ratio

Sources I have and permission to use them

Claims I can demonstrate

What must stay

What to remove or avoid

Where I will watch or share the result

Source and shot log

File name and owner or origin

What the source shows or contains

Source in and out times of the useful section

Planned story job: hook, evidence, step, limitation or ending

Upload complete and playable?

Any private information or permission issue to resolve?

Reference direction

Reference file and origin

Borrow these layout, pacing or sound qualities

Keep these parts of my own content

Do not copy these details

Style guidance or generation identity reference?

Was inspection successful and which range was inspected?

Revision log

Revision name and date

Problem and timeline time

What should stay unchanged?

Exact change requested

What actually changed?

What I checked by playback

Accept, undo or revise again?

Caption and sound pass

Names, numbers and negations checked

Longest caption and how I improved it

Title position on a phone

Quietest spoken sentence

Music level and fade decision

Unclear sound or lyric claim requiring listening

Any source-time versus timeline-time conversion?

Character continuity

Reference file reused

Fixed colours and proportions

Face, eyes and accessories

Action and framing allowed to change

Shot one drift

Shot two drift

Shot three drift

Keep, retry or replace with a still?

Troubleshooting note

Failed stage: upload, preview, agent or export

Project and source involved

Visible status or error

Time it occurred and device or browser

Smallest test I tried

Existing job reference if any

Next useful action and result

Export and delivery checklist

Saved project and completed uploads

Correct canvas and output dimensions

Frame rate and quality selected

Plan branding or limits noted

Downloaded file opens and plays to the end

Story, picture and sound passes completed

Final file name and accepted revision

Private delivery or deliberate publishing destination

My next three videos

Video one: viewer, question, source and skill to improve

Video two: viewer, question, source and skill to improve

Video three: viewer, question, source and skill to improve

One result I will observe for each

When I will review and what I will keep constant

Lesson practice record

01.01 Choose one person and one useful outcome

Write a brief for your own object. Finish: “After watching, my viewer will be able to decide whether...” Then write one claim you will deliberately avoid because you have not tested it.

My decision and evidence

01.02 Find your way around Vidmoat

Add one source and make it visible for five seconds. Switch from the timeline to chat and back. Find the source again in the library.

My decision and evidence

01.03 Make your first ten second edit

Make the same sequence yourself or with the agent, then shorten the middle shot by one second and watch the effect. Restore the version you prefer.

My decision and evidence

02.01 Turn a vague request into an editing brief

Rewrite “Make this exciting” for a podcast clip and for a quiet cooking tutorial. Give each a different pacing instruction.

My decision and evidence

02.02 Use a style reference without copying everything

Attach one example. Write “Borrow...” and “Keep...” statements. If attachment access is unavailable, write the same guidance in plain text and complete the exercise without it.

My decision and evidence

02.03 Revise one thing and protect the rest

Make a title deliberately too large, then correct only its placement and size. Record the before and after decision in one sentence.

My decision and evidence

03.01 Choose a hook that the footage earns

Use the review recording script in the resource kit. Choose a hook and write the shot that will prove it. Then propose a second opening that uses a close-up instead of a spoken claim.

My decision and evidence

03.02 Trim setup and dead time without chopping speech

Record a sentence with a three-second pause in the middle. Make one very tight cut and one with a brief breath. Listen without looking at the picture and choose the more natural version.

My decision and evidence

03.03 Use supporting shots to show the point

Cover one visible talking-head jump with a relevant detail shot. Then remove the insert and compare what the viewer understands in each version.

My decision and evidence

04.01 Check the transcript before styling captions

Record: "This is a small desk lamp. It does not charge my phone." Generate captions and verify every word. Deliberately change one word, then correct the visible caption.

My decision and evidence

04.02 Separate captions from emphasis titles

Make two title versions: a full spoken sentence and a three-word summary. Compare them on a phone-sized preview and choose the one that supports the picture.

My decision and evidence

04.03 Make a vertical layout survive a phone screen

Ask someone to watch the draft once without pausing. Have them repeat the benefit and limitation. If they miss one, adjust the layout or duration and test again.

My decision and evidence

05.01 Make the voice comfortable first

Record the same sentence near a fan and in a quiet corner. Try a gentle cleanup on the noisy take, then compare it with the quieter recording at similar listening levels.

My decision and evidence

05.02 Choose music that supports the edit

Make one mix with music too loud, then a second with the voice clearly leading. Compare at the same device volume. Write what became easier to hear.

My decision and evidence

05.03 Ask the agent to listen and verify what it reports

Inspect the two-tone control and compare the report with what you hear. Then record or use an original sung phrase and test lyric listening. If unavailable, annotate it yourself and continue.

My decision and evidence

06.01 Reframe the subject before adding effects

Crop lamp-wide.png into a vertical frame, then compare it with a fitted version. Identify which choice better shows the lamp's footprint.

My decision and evidence

06.02 Add keyframes when the story needs movement

Create one push-in and one version with no move. Ask which version makes the feature easier to notice, and remove the motion if it adds no value.

My decision and evidence

06.03 Correct colour before choosing a look

Apply a strong preset, note what happens to a neutral surface and the product, then reduce or replace it. Explain the version you choose.

My decision and evidence

07.01 Decide whether a new asset is needed

List three missing shots for your project. Mark each “film”, “reuse” or “generate”, and explain the choice. Complete one with the lowest-cost suitable method.

My decision and evidence

07.02 Keep a character or product recognisable

Plan three shots: the robot notices the lamp, reaches towards it, and sits in the warm light. Generate one if your account allows it, or use the original reference as a still and practise framing. Fill in the continuity checklist for each shot.

My decision and evidence

07.03 Use generated voice and music thoughtfully

Read the supplied lamp narration naturally and time it. If it runs long, remove one idea instead of rushing every word. Use recorded or generated narration and compare it with the silent version.

My decision and evidence

08.01 Turn a conversation into a complete short clip

Record both parts of the supplied conversation yourself or with a consenting partner. Make a 30 to 45 second edit and ask a new viewer what advice they understood.

My decision and evidence

08.02 Make a tutorial someone can follow

Give your edit to someone who has not seen the recording. Ask them to describe or repeat the steps. Note the first place they need clarification and revise it.

My decision and evidence

08.03 Build a short visual story

Create two endings: a quick cut to black and a two-second hold on the result. Ask which ending makes the change clearer.

My decision and evidence

09.01 Choose an export that fits the job

Export your ten-second sequence first. Inspect the file dimensions and play it outside Vidmoat. Record the settings and one thing you checked.

My decision and evidence

09.02 Diagnose the problem before repeating the request

Use the troubleshooting worksheet to describe a hypothetical case where the preview is black but the file is in the library. List two checks before deleting anything.

My decision and evidence

09.03 Review the final file like an editor

Review the tech project with the capstone rubric. Find at least one improvement, make it, and compare the final file with the previous version.

My decision and evidence

10.01 Build your capstone from a fresh brief

Complete one 30 to 60 second capstone. Budget 60 to 90 minutes for editing and review, plus filming time if you need it.

My decision and evidence

10.02 Give feedback someone can use

Exchange projects with a peer, or review your own after a break. Use the format “At [time], I noticed [issue], which made [effect]. Try [direction].”

My decision and evidence

10.03 Create a routine you can repeat

Plan your next three videos. For each, name a viewer, a question, a source you already have and one skill to improve.

My decision and evidence

Capstone review sheet

Project title and reviewer

Viewer and question answered

Criterion	Weight	Score 0 to 4	Weighted score
Story and audience	20		
Meaning and evidence	20		
Pacing and continuity	15		
Text and accessibility	15		
Sound	15		
Picture and delivery	15		

Weighted score = score × weight ÷ 4. Total possible = 100. Suggested completion is at least 70, every category above zero, and all essential accuracy and privacy issues resolved.

One strength to preserve

Two timestamped improvements

Revision accepted and final file name